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NSI C SPORTS RELEASE

May 25, 2006

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2006 NSIC Spring All-Academic Teams Announced

St. Paul, Minn. — The Northern Sun Intercollegiate Conference has announced its All-Academic Teams for the spring athletic season. To be eligible for this honor, the student-athlete must be a member of the varsity traveling team and have a cumulative grade point average of 3.20 or better. Furthermore, the student-athlete must have reached sophomore academic and athletic standing at the institution represented with one full year completed at that particular institution.

Baseball

| Name | Yr. | School | Hometown |
|--------------------|-----|--------------------|------------------------|
| Casey Allar | Jr. | Bemidji State | Sartell, Minn. |
| Matt Asche | Sr. | Bemidji State | Cedar Falls, Iowa |
| Eddie Johnson | So. | Bemidji State | Bemidji, Minn. |
| Matt Middendorf | Sr. | Bemidji State | Sauk Centre, Minn. |
| Matt Pesta | Sr. | Bemidji State | Long Prairie, Minn. |
| Eric Pilgrim | Jr. | Bemidji State | Park Rapids, Minn. |
| Tony Boxwell | Jr. | Concordia-St. Paul | Coon Rapids, Minn. |
| Geoff Bray | Sr. | Concordia-St. Paul | Excelsior, Minn. |
| Jacob Campion | Jr. | Concordia-St. Paul | Robbinsdale, Minn. |
| Seth Sneider | Sr. | Concordia-St. Paul | Wausau, Wis. |
| Eric Utoft | So. | Concordia-St. Paul | Shorewood, Minn. |
| Galen Wetzell | Sr. | Concordia-St. Paul | Minneapolis, Minn. |
| Aaron Motl | Sr. | Minn.-Crookston | Staples, Minn. |
| Kyle Nyquist | Jr. | Minn.-Crookston | Cokato, Minn. |
| Justin Downes | Sr. | Northern State | Atwater, Minn. |
| Adam Kampsen | So. | Northern State | Paynesville, Minn. |
| Eric Eveslage | Jr. | SW Minnesota State | Melrose, Minn. |
| Jeff Freeman | Jr. | SW Minnesota State | Atwater, Minn. |
| John Goneau | So. | SW Minnesota State | White Bear Lake, Minn. |
| Colby Pack | Sr. | SW Minnesota State | Lamberton, Minn. |
| Dereck Salisbury | Sr. | SW Minnesota State | Grand Rapids, Minn. |
| Billy Spieker | Jr. | SW Minnesota State | Willmar, Minn. |
| Scott Bidroski | Jr. | Wayne State | Omaha, Neb. |
| Dustin Jones | Jr. | Wayne State | Dakota Dunes, S.D. |
| Mitch Herrick | So. | Wayne State | Council Bluffs, Iowa |
| Arnaldo Ovalles | Sr. | Wayne State | Pacific Junction, Iowa |
| Chris Pedroza | Sr. | Wayne State | Omaha, Neb. |
| Steve Walsh | Sr. | Wayne State | Mylo, N.D. |
| B.J. Wierzbicki | Sr. | Wayne State | Ralston, Neb. |
| Jay Horner | Sr. | Winona State | North St. Paul, Minn. |
| Andrew Kes | So. | Winona State | Eagan, Minn. |
| Josh Maggert | Sr. | Winona State | Byron, Minn. |
| Brett Maxwell | So. | Winona State | Stillwater, Minn. |
| Benjamin Samuelson | Jr. | Winona State | Pine City, Minn. |

Softball

| Name | Yr. | School | Hometown |
|------------------|-----|--------------------|----------------------|
| Jamie Docken | So. | Bemidji State | Owatanna, Minn. |
| Tara Hiscock | So. | Bemidji State | Bemidji, Minn. |
| Vanessa DuFresne | Sr. | Concordia-St. Paul | Cottage Grove, Minn. |
| Tracie Enzler | Sr. | Concordia-St. Paul | Hopkins, Minn. |
| Kristin Linell | Sr. | Concordia-St. Paul | Maplewood, Minn. |

| | | | |
|---------------------|-----|--------------------|------------------------|
| Kristen Schmidt | Sr. | Concordia-St. Paul | Cottage Grove, Minn. |
| Nikki Smith | Sr. | Concordia-St. Paul | Andover, Minn. |
| Kelly Schwietz | Sr. | Concordia-St. Paul | Oakdale, Minn. |
| Mandy Turba | Jr. | Concordia-St. Paul | Wisconsin Rapids, Wis. |
| Kacee Biederman | Sr. | Minn.-Crookston | Milaca, Minn. |
| Christina Carlson | Sr. | Minn.-Crookston | Hines, Minn. |
| Lisa Erickson | Sr. | Minn.-Crookston | Wadena, Minn. |
| Kelsey Fehl | Jr. | MSU Moorhead | Willmar, Minn. |
| Shauna Swavee | Sr. | MSU Moorhead | Tempe, Ariz. |
| Audrey Decker | Jr. | Northern State | St. Charles, Minn. |
| Jenna Drey | Jr. | Northern State | Burke, S.D. |
| Lisa Koehler | Sr. | Northern State | Waconia, Minn. |
| Sara Lipetzky | Jr. | Northern State | Sioux Falls, S.D. |
| Christi Schulte | Jr. | Northern State | Sioux Falls, S.D. |
| Crisa Albright | Jr. | SW Minnesota State | Bellevue, Neb. |
| Jessica Donoho | Jr. | SW Minnesota State | Bloomington, Minn. |
| Tiffany Kogler | Sr. | SW Minnesota State | Forest Lake, Minn. |
| Amanda Opatz | So. | SW Minnesota State | Annandale, Minn. |
| Mary Sobiech | Jr. | SW Minnesota State | Wyoming, Minn. |
| Lisa VanDierendonck | Sr. | SW Minnesota State | Robbinsdale, Minn. |
| Karen Hain | Jr. | Wayne State | Bee, Neb. |
| Amber Johnson | Sr. | Wayne State | Kansas City, Mo. |
| Breann Parks | Jr. | Wayne State | Kansas City, Mo. |
| Dawn Spale | So. | Wayne State | Schuyler, Neb. |
| Lisa Stewart | Sr. | Wayne State | McCook, Neb. |
| Haley Thorpe | Jr. | Wayne State | Sloan, Iowa |
| Emily Voshall | Sr. | Wayne State | Sandy, Utah |
| Kristina Walker | Sr. | Wayne State | Plattsmouth, Neb. |
| Jennifer Dobbertin | Sr. | Winona State | McHenry, Ill. |
| Kristen Fossell | So. | Winona State | Oak Creek, Wis. |
| Abby Kacena | Sr. | Winona State | Tiffin, Iowa |
| Jamie Keltwig | Sr. | Winona State | Elwood, Iowa |
| Kristen Noble | Sr. | Winona State | Frankfort, Ill. |
| Chelsea Rosenow | So. | Winona State | Chippewa Falls, Wis. |

Men's Outdoor Track and Field

| Name | Yr. | School | Hometown |
|-----------------|-----|--------------------|-------------------------|
| Joe Bernau | Sr. | Bemidji State | Courtland, Minn. |
| Aaron Bohnert | Jr. | Bemidji State | Glenco, Minn. |
| Ben Hopkins | Sr. | Bemidji State | Baudette, Minn. |
| Todd Zeidler | Jr. | Bemidji State | Plentywood, Mont. |
| Renato Otten | So. | Concordia-St. Paul | St. Paul, Minn. |
| Evan Palenschat | So. | Concordia-St. Paul | St. Paul, Minn. |
| Kyle Verley | Sr. | Concordia-St. Paul | Blooming Prairie, Minn. |
| Kyle Warren | Jr. | Concordia-St. Paul | Savage, Minn. |
| Brandon Madery | Sr. | MSU Moorhead | Mantorville, Minn. |
| Tim Nesheim | Jr. | MSU Moorhead | Northwood, N.D. |
| Brad Plack | Jr. | Northern State | Madison, S.D. |
| Trent Waage | So. | Northern State | Aberdeen, S.D. |
| Ben Crabtree | Sr. | Wayne State | Lennox, S.D. |
| Cody Gregory | So. | Wayne State | Walton, Neb. |
| Jeremiah Herron | Jr. | Wayne State | McCook, Neb. |
| Matt Schaffer | Sr. | Wayne State | Nebraska City, Neb. |
| Matt Schneider | So. | Wayne State | Nebraska City, Neb. |

Women's Outdoor Track and Field

| Name | Yr. | School | Hometown |
|---------------------|------------|--------------------|-----------------------|
| Nicole Friend | Jr. | Bemidji State | Intl. Falls, Minn. |
| Leah Grabill | So. | Bemidji State | Bagley, Minn. |
| Erin Hansen | Sr. | Bemidji State | Apple Valley, Minn. |
| Angela Miller | So. | Bemidji State | Grove City, Minn. |
| Kristen Mitteness | So. | Bemidji State | Morris, Minn. |
| Sara Olson | Sr. | Bemidji State | Fairmont, Minn. |
| Allison Osgood | So. | Bemidji State | St. Cloud, Minn. |
| Christa Pribula | Jr. | Bemidji State | E. Grand Forks, Minn. |
| Breanne Woinarowicz | So. | Bemidji State | Stephen, Minn. |
| Amanda Mueller | Sr. | Concordia-St. Paul | Scandia, Minn. |
| Shae Wallin | So. | Concordia-St. Paul | Big Lake, Minn. |
| Kristan Anderson | Sr. | MSU Moorhead | Duluth, Minn. |
| Kristin Dolence | Jr. | MSU Moorhead | Moorhead, Minn. |
| Diane Miller | So. | MSU Moorhead | Fargo, N.D. |
| Sarah Thome | Jr. | MSU Moorhead | Adams, Minn. |
| Jessica Trautwein | Jr. | MSU Moorhead | Fargo, N.D. |
| Katherine Weinberg | So. | MSU Moorhead | Bismarck, N.D. |
| Katie Anderson | Sr. | Northern State | Groton, S.D. |
| Erin Dreis | Sr. | Northern State | Aberdeen, S.D. |
| Carrie Kleindl | Jr. | Northern State | Graceville, Minn. |
| Jenny Rose | So. | Northern State | Huron, S.D. |
| Nicole McCoy | Sr. | Wayne State | Lincoln, Neb. |
| Erin Norenberg | Sr. | Wayne State | Fremont, Neb. |
| Erin Oswald | Jr. | Wayne State | Aurora, Neb. |
| Haley Reeves | Jr. | Wayne State | Gordon, Neb. |
| Rachel Roebke | So. | Wayne State | Seward, Neb. |
| Lindsey Stockwell | Sr. | Wayne State | Geneva, Neb. |
| Tanna Walford | Jr. | Wayne State | York, Neb. |
| Katie Wilson | So. | Wayne State | Glenwood, Iowa |
| Elizabeth Bauman | Jr. | Winona State | Delano, Minn. |
| Jessica Devine | So. | Winona State | La Crosse, Wis. |
| Deidra Faber | Sr. | Winona State | Plain, Wis. |
| Gretchen Harty | Jr. | Winona State | New Prague, Minn. |
| Heidi Inabnit | Sr. | Winona State | Albany, Wis. |
| Nicole Lonning | Jr. | Winona State | Ellendale, Minn. |
| Adi Luedtke | Jr. | Winona State | Andover, Minn. |
| Bria Magnuson | Jr. | Winona State | Cold Spring, Minn. |
| Nicole Olson | So. | Winona State | Stevens Point, Wis. |
| Brittany Reinbolt | Sr. | Winona State | Searcy, Ark. |

Women's Tennis

| Name | Yr. | School | Hometown |
|-------------------|------------|--------------------|--------------------|
| Melissa Fogelson | Jr. | Bemidji State | Bemidji, Minn. |
| Kristen Lexun | So. | Bemidji State | Coon Rapids, Minn. |
| Heather Buesing | So. | MSU Moorhead | Marshall, Minn. |
| Bethany Helgeson | Jr. | MSU Moorhead | Spicer, Minn. |
| Miranda Quast | Jr. | MSU Moorhead | Mandan, N.D. |
| Nicole Hartmann | Jr. | SW Minnesota State | Omaha, Neb. |
| Sarah Hildebrandt | Jr. | SW Minnesota State | St. James, Minn. |
| Katie Schmidt | Sr. | SW Minnesota State | Appleton, Minn. |
| Samantha Stenzel | So. | SW Minnesota State | St. James, Minn. |
| Megan Hertz | Jr. | Winona State | Wausau, Wis. |
| Maggie Lindquist | Jr. | Winona State | New Hope, Minn. |