



NSI C W I N T E R S P O R T S R E L E A S E

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Valerie Olson • Kyle Verley • NSIC Interns

Josh Deer, Interim Director of Media Relations • 161 St. Anthony Ave. Ste 920 • St. Paul, MN 55103 • P: 651/288-4017 • F: 651/224-8583 • jdeer@northernsun.org

2005-06 NSIC Winter All-Academic Teams Announced

St. Paul, Minn. — The Northern Sun Intercollegiate Conference has announced its All-Academic Teams for the winter athletic season. To be eligible for this honor, the student-athlete must be a member of the varsity traveling team and have a cumulative grade point average of 3.20 or better. Furthermore, the student-athlete must have reached sophomore academic and athletic standing at the institution represented with one full year completed at that particular institution.

Men's Basketball

| Name | Yr. | School | Hometown |
|------------------------|-----|--------------------|-------------------------|
| Aaron Ackerson | Sr. | Concordia-St. Paul | Clive, Iowa |
| Kyle Marxhausen | Jr. | Concordia-St. Paul | Rosemount, Minn. |
| Joey Peel | Sr. | Concordia-St. Paul | Dover Plains, N.Y. |
| James Sarbacker | Jr. | Concordia-St. Paul | St. Paul, Minn. |
| Lee Roberts | Sr. | Minn.-Crookston | Pillager, Minn. |
| Dan Dewitt | So. | Northern State | Lino Lakes, Minn. |
| Dan Magrino | So. | Northern State | Pembroke Pines, Fla. |
| Craig Nelson | So. | Northern State | Mayville, N.D. |
| Bjoern Schoo | Sr. | Northern State | Bad Saeckingen, Germany |
| Kyle Schwan | So. | Northern State | Aberdeen, S.D. |
| Luke Wicks | So. | Northern State | Gillette, Wyo. |
| Chad Orum | Jr. | SW Minnesota State | LeRoy, Minn. |
| Jeremy VanKlombenburgh | Jr. | SW Minnesota State | Canby, Minn. |
| Andy Wiersma | Sr. | SW Minnesota State | Chanhassen, Minn. |
| Dusty Smith | Sr. | Wayne State | Sioux City, Iowa |
| Matt Rathje | So. | Wayne State | Watkins, Iowa |
| Ryan Gargaro | So. | Winona State | Woodbury, Minn. |
| Joe Ingvalson | Jr. | Winona State | Caledonia, Minn. |
| Zach Malvik | Jr. | Winona State | Holmen, Wis. |
| Brent Riese | So. | Winona State | Brooklyn, Wis. |
| Josh Schneider | So. | Winona State | New Holstein, Wis. |
| David Zellmann | Sr. | Winona State | Lewiston, Minn. |

Women's Basketball

| Name | Yr. | School | Hometown |
|--------------------|-----|--------------------|----------------------|
| Nicole Friend | Jr. | Bemidji State | Intl. Falls, Minn. |
| Nancy McConkey | Jr. | Bemidji State | Superior, Minn. |
| Megan Kirchenwitz | So. | Concordia-St. Paul | Oconomowoc, Wis. |
| Janine Kuklis | Jr. | Concordia-St. Paul | Esko, Minn. |
| Katie LaViolette | So. | Concordia-St. Paul | Manitowoc, Wis. |
| Mary Schroeder | So. | Concordia-St. Paul | Minneapolis, Minn. |
| Whitney Smetana | So. | Concordia-St. Paul | Merrifield, Minn. |
| Ashley Smith | Sr. | Concordia-St. Paul | Cottage Grove, Minn. |
| Lindsey Anderson | Jr. | MSU Moorhead | Forest Lake, Minn. |
| Cidney Froelich | So. | MSU Moorhead | Bismarck, N.D. |
| Kali Houselog | So. | MSU Moorhead | Menasha, Wis. |
| Allison Swenson | So. | MSU Moorhead | Halliday, N.D. |
| Jessica Trautwein | Jr. | MSU Moorhead | Fargo, N.D. |
| Brittani Boehlke | Sr. | Minn.-Crookston | Waverly, Minn. |
| Theresa Crance | So. | Minn.-Crookston | Timber Lake, S.D. |
| Elizabeth Jacobson | Jr. | Minn.-Crookston | Mayville, N.D. |

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|------------------|-----|--------------------|--------------------|
| Karna Plaine | Sr. | Minn.-Crookston | Hatton, N.D. |
| Carly Score | Jr. | Minn.-Crookston | Boyceville, Wis. |
| Kari Score | Jr. | Minn.-Crookston | Boyceville, Wis. |
| Katrina Wahlin | So. | Minn.-Crookston | Crookston, Minn. |
| Jaclyn Arns | So. | Northern State | St. Michael, Minn. |
| Carolyn Becker | Jr. | Northern State | Beulah, N.D. |
| Ryanne Brockhaw | So. | Northern State | Prior Lake, Minn. |
| Ali Chmielewski | Sr. | Northern State | Foley, Minn. |
| Amanda Glenz | So. | Northern State | Paynesville, Minn. |
| Noelle Hall | So. | Northern State | Altura, Minn. |
| Celia Westphal | Jr. | Northern State | Worthington, Minn. |
| Kelly Crimi | Sr. | SW Minnesota State | Jordan, Minn. |
| Sara Leidall | So. | SW Minnesota State | Rochester, Minn. |
| Erin Oakland | So. | SW Minnesota State | Fulda, Minn. |
| Alaura Sharp | Sr. | SW Minnesota State | Fredonia, Kan. |
| Ashley Arndorfer | Sr. | Wayne State | Algona, Iowa |
| Lauren Gustafson | Jr. | Wayne State | Omaha, Neb. |
| Erin McCormick | Jr. | Wayne State | Grant, Neb. |
| Allison Steffen | Jr. | Wayne State | West Point, Neb. |
| Amanda Walker | Jr. | Wayne State | Gillette, Wyo. |
| Shelby Krueger | So. | Winona State | Fall Creek, Wis. |
| Amanda Reimer | So. | Winona State | Reedsburg, Wis. |

Men's Indoor Track & Field

| Name | Yr. | School | Hometown |
|------------------|-----|--------------------|-------------------------|
| Joseph Bernau | Sr. | Bemidji State | Courtland, Minn. |
| Aron Bohnert | Jr. | Bemidji State | Glencoe, Minn. |
| Ben Hopkins | Sr. | Bemidji State | Baudette, Minn. |
| Michael Hougen | Jr. | Bemidji State | Bemidji, Minn. |
| Phil McCollam | Sr. | Bemidji State | Idaho Falls, Idaho |
| Tom Proud | So. | Bemidji State | Grand Forks, N.D. |
| Todd Zeidler | Jr. | Bemidji State | Plentywood, Mont. |
| Paul James | So. | Concordia-St. Paul | St. Paul, Minn. |
| Renato Otten | So. | Concordia-St. Paul | St. Paul, Minn. |
| Evan Palenschat | So. | Concordia-St. Paul | St. Paul, Minn. |
| Kyle Verley | Sr. | Concordia-St. Paul | Blooming Prairie, Minn. |
| Brandon Maderly | Jr. | MSU Moorhead | Mantorville, Minn. |
| Tim Nesheim | Jr. | MSU Moorhead | Northwood, N.D. |
| Brad Plack | Jr. | Northern State | Madison, S.D. |
| Trent Waage | So. | Northern State | Aberdeen, S.D. |
| Nathaniel Bergen | So. | Wayne State | Sutton, Neb. |
| Ben Crabtree | Sr. | Wayne State | Lennox, S.D. |
| Cody Gregory | So. | Wayne State | Walton, Neb. |
| Jeremiah Herron | Jr. | Wayne State | McCook, Neb. |
| Nathan McIntire | Jr. | Wayne State | Central City, Neb. |
| Zach Molacek | Jr. | Wayne State | Stanton, Neb. |
| Matt Schaffer | Sr. | Wayne State | Nebraska City, Neb. |
| Matt Schneider | So. | Wayne State | Nebraska City, Neb. |

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Women's Indoor Track & Field

| Name | Yr. | School | Hometown |
|---------------------|-----|--------------------|----------------------------|
| Nicole Friend | Jr. | Bemidji State | International Falls, Minn. |
| Leah Grabill | So. | Bemidji State | Bagley, Minn. |
| Angela Miller | So. | Bemidji State | Grove City, Minn. |
| Sara Olson | Sr. | Bemidji State | Fairmont, Minn. |
| Allison Osgood | So. | Bemidji State | St. Cloud, Minn. |
| Margaret Osgood | So. | Bemidji State | St. Cloud, Minn. |
| Christa Pribula | Sr. | Bemidji State | East Grand Forks, Minn. |
| Breanne Woinarowicz | So. | Bemidji State | Stephen, Minn. |
| Jessica Johnson | Jr. | Concordia-St. Paul | St. Paul, Minn. |
| Amanda Mueller | Sr. | Concordia-St. Paul | Scandia, Minn. |
| Shae Wallin | So. | Concordia-St. Paul | Big Lake, Minn. |
| Kristan Anderson | Sr. | MSU Moorhead | Duluth, Minn. |
| Kristin Dolence | So. | MSU Moorhead | Moorhead, Minn. |
| Diane Miller | So. | MSU Moorhead | Fargo, N.D. |
| Tiffany Spriggs | Sr. | MSU Moorhead | Moorhead, Minn. |
| Sara Thome | Jr. | MSU Moorhead | Adams, Minn. |
| Katherine Weinberg | So. | MSU Moorhead | Bismark, N.D. |
| Katie Anderson | Sr. | Northern State | Groton, S.D. |
| Erin Dreis | Sr. | Northern State | Aberdeen, S.D. |
| Carrie Kleindl | Jr. | Northern State | Graceville, Minn. |
| Jenny Rose | So. | Northern State | Huron, S.D. |
| Lisa Froistad | Sr. | Wayne State | Spring Valley, Calif. |
| Nicole McCoy | Sr. | Wayne State | Lincoln, Neb. |
| Erin Norenberg | Sr. | Wayne State | Fremont, Neb. |
| Erin Oswald | Jr. | Wayne State | Aurora, Neb. |
| Haley Reeves | Jr. | Wayne State | Gordon, Neb. |
| Rachel Roebke | So. | Wayne State | Seward, Neb. |
| Amy Smith | Jr. | Wayne State | Fort Calhoun, Neb. |
| Lindsey Stockwell | Sr. | Wayne State | Geneva, Neb. |
| Tanna Walford | Jr. | Wayne State | York, Neb. |
| Elizabeth Bauman | Jr. | Winona State | Delano, Minn. |
| Jessica Devine | So. | Winona State | La Crosse, Wis. |
| Deidra Faber | Sr. | Winona State | Plain, Wis. |
| Gretchen Harty | Jr. | Winona State | New Prague, Minn. |
| Heidi Inabnit | Sr. | Winona State | Albany, Wis. |
| Maria Kiselicka | So. | Winona State | Medford, Wis. |
| Nicole Lonning | Jr. | Winona State | Ellendale, Minn. |
| Adi Luedtke | Jr. | Winona State | Andover, Minn. |
| Bria Magnuson | Jr. | Winona State | Cold Spring, Minn. |
| Nicole Olson | So. | Winona State | Stevens Point, Wis. |
| Brittany Reinbolt | Sr. | Winona State | Searcy, Ark. |

Wrestling

| Name | Yr. | School | Hometown |
|----------------|-----|--------------------|-------------------|
| Eric Roseen | Jr. | MSU Moorhead | Devils Lake, N.D. |
| Skip Toops | Jr. | MSU Moorhead | New London, Minn. |
| Jason Hill | Sr. | Northern State | Milbank, S.D. |
| Jess Hockley | So. | Northern State | Sturgis, S.D. |
| Luke Griffith | Jr. | SW Minnesota State | Morris, Minn. |
| Mark Anson | Sr. | Upper Iowa | Milaca, Minn. |
| Brian Black | Jr. | Upper Iowa | Oviedo, Fla. |
| Tyson Brown | Jr. | Upper Iowa | Gladbrook, Iowa |
| Kyle Burkle | So. | Upper Iowa | Coggon, Iowa |
| Jacob Elsbernd | So. | Upper Iowa | Calmar, Iowa |
| Dan Goodson | So. | Upper Iowa | Rochester, Minn. |